ORIGINAL PAPER

Implementation of the Nursing Role Effectiveness Model

Antonio Fernando Salgueiro Amaral, RN, MSc, PhD (c)

Professor, Nursing School of Coimbra, Portugal

Member of the Sigma Theta Tau International

Researcher on the Health Sciences Research Unit affiliated on FCT (Portuguese Foundation for Science and Technology)

Pedro Lopes Fereira, PhD

Associated Professor, Faculty of Economics, University of Coimbra, Portugal Member of the CEIS (Study Center for Health Studies), Member of the Portuguese Observatory of the

National Health Service, Portugal Maria Lucilia Cardoso, MSc

Research Scholarship, University of Coimbra, Portugal

Telma Vidinha, RN

Research Scholarship, University of Coimbra, Portugal

Correspondence: António Fernando Salgueiro Amaral, Escola Superior de Enfermagem de Coimbra. Rua 5 de Outubro | Apartado 7001 | 3046-851 Coimbra – Portugal e-mail: <u>Amaral@esenfc.pt</u>

Abstract

Given the economic constraints and efforts to achieve efficiency and effectiveness in health care systems, nurses' contribution should be analyzed. The Nursing Role Effectiveness Model examines nurses' contribution to health care based on specific relationships between structure, process and outcome variables. A cross-sectional and longitudinal study was carried out in 26 units of four hospitals in the central region of Portugal to test this model. A total sample of 1764 patients and 364 nurses was obtained. Data were analyzed using SPSS and AMOS 21. The relationships between the variables were tested using the Structural Equation Modelling, indicating a good data fit and statistical significance. In addition to assessing nurses' contribution, this model underlines the value and effectiveness of nursing care.

Keywords: Nursing care, Effectiveness, Process and Outcome Assessment (Health Care), Structure of Services.